

## **Be Safe and Responsible in Cyber-space : Wilsthorpe Students' Top Tips**

1. Don't give out your personal details such as full name, address, school or phone number in chat rooms or social networking sites.
2. Use a nick name in chat rooms and social networking sites.
3. Only allow access to people you know are your friends – don't accept someone as a friend if you don't know who they are.
4. Be careful what pictures you post on-line : anyone can download and alter them - you could use a picture symbolising an interest or hobby to identify yourself on line.
5. Don't arrange to meet someone you have only met on line.
6. Don't let someone else use your phone or computer unless you can see what they are doing.
7. Don't download from unknown sources; don't open emails or texts from unknown sources.
8. Use the 'block' facility available on phones, chat rooms or social networking sites to block people or messages you don't like.
9. Don't say anything on line or in a text that you wouldn't like said back to you.
10. If you are getting bullying messages, tell someone you trust – don't keep your hurt secret.